



## **CURRICULUM VITAE**

### **PERSONAL DATA:**

<b>Name:</b>	Aida Abd El-Razek	
<b>Date of Birth:</b>	Professor, & Head department of Maternal & Child Health Nursing/ Faculty of Nursing, Menoufiya University, Egypt	
<b>Marital Status:</b>	.	
	<b>Professional Trainer</b>	
<b>Address:</b>	<u><b>1/9/1989</b></u>	Menoufia University, Egypt / Faculty of Nursing
	<u><b>2006-2016</b></u>	Philadelphia Private University / Faculty of Nursing /
	<u><b>present</b></u>	Jordan
	<u><b>2000-2006</b></u>	Zaytoonah Private University of Jordan, Amman, Jordan
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<b>E-mail:</b>	<a href="mailto:aidaalrazek@gmail.com">aidaalrazek@gmail.com</a> <a href="mailto:aida.abdelrahman@nursing.menofia.edu.eg">aida.abdelrahman@nursing.menofia.edu.eg</a>	

### **ACADEMIC QUALIFICATIONS:**

<b>2018</b>	<u><b>Degree:</b></u>	Professor, Faculty of Nursing, Menoufiya University, Egypt, Maternal & Child Health Nursing
<b>1998 – 2007</b>	<u><b>Degree:</b></u>	Associate Professor, Faculty of Nursing, Menoufiya University, Egypt, Maternal & Child Health Nursing
<b>1993 -1998</b>	<u><b>Degree:</b></u>	Doctor of Nursing Science (DNsc) in Nursing, University , Menoufiya University, Egypt
	<u><b>Major:</b></u>	Maternal and Newborn Health Nursing, Obstetric & Gynecology of Nursing..
<b>1987-1993</b>	<u><b>Degree:</b></u>	Master of Nursing Science (M.S.N), Faculty of Nursing, Menoufiya University, Egypt
	<u><b>Major:</b></u>	Maternal and Newborn Health Nursing, Obstetric & Gynecology of Nursing..
<b>1982-1986</b>	<u><b>Degree:</b></u>	Bachelor of Nursing Science (B.S.N), The University of Alexandria, Egypt.
	<u><b>Major:</b></u>	General Nursing

## **COMPUTER SKILLS:**

Extensive experience with:

- Electronic Courses
- Online and Distance Learning
- Professional trainer training program
- Operating Systems: Microsoft Windows 95, 98, 2000, XP, and 2003.
- Presentation software: Microsoft Power Point XP and 2003.
- Data entry and analysis: Microsoft Excel XP and 2003, Epi-Info 6, Epi 2000, Statistical Package for the Social Sciences (SPSS version 11.5, SPSS )..
- Internet: Explorer. Google, Lotus Notes Email,

## **CERTIFICATIONS AND LICENSES:**

- **Advanced TOT Diploma in E-learning from Notting Hill College 2020**
- **Member of the Trainers section. At the Arab Trainers and Advisors portal  
Validation Code: 20200929105909f72**
- **Professional Trainer (PT) at International Faculty & leadership development center at Menoufia University**
- **Passed the full training program entitled Professional Trainer (PT) from Oxford Academy for Training & Consulting (OATC) 5457 on 18-27 / 5/2014 (40 hours)**
- **Passed the professional trainer training program on 19-28 / 7/2014 (40 hours) from Al Ghad Academy for Training and Development**
- **Organization and presenting of a course through the Scientific Consulting Center at the University of Philadelphia entitled: the importance of the role of nursing and advanced technology to monitor the fetus before birth on 22-24 / 3/2016 (18 credit hours)**
- **Organization and presenting at workshop at the University of Philadelphia from the accreditation body of higher education institutions entitled "Analysis of quality results and writing self-evaluation, on Monday, 4/4/2016**
- **A series of educational lectures and workshops have been held in the Jordanian Women's Union and its aim is to seek women's access to care and health protection including lectures in the field of reproductive and sexual health, maternal and child care, family planning, family violence, early detection of breast cancer, autism and how to detect it, habit Confidentiality and its effects on health, early marriage and its effects on the health of women and children, combating obesity, spreading a healthy culture in nutrition and encouraging sports and empowering women to benefit from all family planning activities and strive to develop these services. The activities started on 29/5/2016 Monday**
- **Organization and delivery of a training course in cooperation with the Association of Nurses and midwives and legal midwives entitled: the importance of the role of nursing and advanced technology to monitor the fetus before birth, on Wednesday and Thursday, 4-5 / 11/2015**
- **Organizing and presenting a training program entitled School Health in cooperation with the Health Committee in Jerash Health Directorate at Asma Bint**

Yazeed School, Wadi Al Deir Al Gharbi School, Souf Camp Secondary School for Girls, Mastaba Secondary School for Girls, Al Jabal Al Akhdar Secondary **School for Girls 2015 through 23/3/2016**

- **Participation in a training program entitled Building achievement tests Deanship of Academic Development to ensure the quality of education and accreditation at the University of Qassim on 16-18 / 12/2013 (15 hours)**
- **Participate in a training program entitled practices of achieving learning outcomes Deanship of Academic Development to ensure the quality of education and accreditation at the University of Qassim on 9-11 / 1/2013 (15 hours)**
- **Nursing Training Program about Effect of New Technology to Improving quality of Emergency Obstetric Care Faculty of Nursing Tanta University, Egypt 2013, 2 weeks**
- **Nursing Training Program about Advanced Technology for Antenatal Fetal Surveillance Menoufia University, Egypt 2013, 2 weeks**
- **Implementation and giving a workshop entitled "advanced nursing skills for women and obstetrics" Faculty of Nursing, Benha University on Tuesday 10/4/2012**
- **Implementation and giving a workshop entitled "Evaluation of the performance of faculty members" Faculty of Nursing, Benha University on Wednesday 18/4/2012**
- **Participation in the activities of a workshop entitled "external review of the quality unit" held in the Center for Quality Assurance and Accreditation / Faculty of Nursing - Benha University 10/4/2012**
- **Participation in a training program entitled "Quality Standards and Accreditation for Nursing Programs" Scientific Association of Arab Nursing Colleges on 23/1/2008 Amman / Jordan**
- **Participation in the workshop entitled Clinical Evaluation Strategies on 9-11 / 9/2007, Philadelphia University, Amman, Jordan**
- **Training Course of Operative Laproscopy in Gynecology, Faculty of Medicine, Menoufiya University, Egypt 2001**
- **Health care provider/Basic Life Support (Cardio-pulmonary resuscitation), Faculty of Nursing, Menoufiya University, Egypt 2001.**
- **A Challenge for Health Care Development, Era of Technology, the Sixth International Annual Nursing Congress, Cairo, Egypt 2001.**

- **Strengthening Lactation Management Education in University Programs** for Medicine and Nursing Schools, Wellsteart , International Egypt 2000.
- **Ventilatory Support of the Newborn, Egyptian** Association of Neonatology, 2000.
- **Ultrasound in obstetrics & Electronics Fetal Monitoring** in Obstetrics, Faculty of Medicines, El-Zakzik University, Egypt 1999.
- **Recent Advances in Diagnosis and Treatment in Obstetrics and Gynecology,** Egyptian Medical Syndicate, 1999.
- **Health Promotion for better Quality of Life the Challenges for the 21<sup>st</sup> Century,** Cairo, Egypt 1999.
- **Quality Nursing Care and Research Association, Performance Improvement,** Cairo-Egypt, 1999

#### **POST GRADUATE TAUGHT OF TEATCHING COURSES:**

- Critical of obstetrics health nursing Doctoral Degree
- Obstetrics & Gynecological Health Nursing Doctoral & master's degree
- Scientific Nursing Research master's degree
- Maternal & Child Health Nursing master's degree
- Scientific Nursing Research Doctoral Degree
- Maternal & Child Health Nursing Doctoral Degree

#### **TAUGHT OF TEATCHING COURSES:**

- Maternal & Child Health Nursing (Theory and Practicum) Fall 2011/2012Egypt
- Scientific Nursing Research 2011/2012 Egypt
- Maternal & Child Health Nursing (Theory and Practicum) Fall 2002/2010 Jordan
- Scientific Nursing Research 2004/2010 Jordan
- Fundamentals of Nursing (Theory), 2002-2004 Jordan
- Growth & development, 3 Credit Hours 2002-2010 Jordan
- First aid & emergency 1-hour Credit 2006
- Growth & development, 3 Credit Hours 2002/2010. Jordan
- Pediatric Nursing 3 Credit Hours (Theory and Practicum) 2002/2004.
- Fundamentals of Nursing (Theory and Practicum), 2002-2003.
- First Aid 3 Credit Hours 2002/2004.
- Maternal & Newborn Health Nursing (Theory and Practicum) Fall 1998/2002 Egypt.
- Public Health Administration Nursing 3 Credit Hours 2001 Egypt
- Reproductive Health
- Health Promotion
- Epidemiology in Nursing

#### **PUBLICATIONS:**

- **Aida Abdel Rezek, Amal Mohamed Gamal, (2018):** Effect of Nurses Application of Structured Obstetrics Triage Guideline on Pregnant Women

Outcomes. International Journal of Novel Research in Healthcare and Nursing Vol. 5, Issue 2, pp: (251-265), Month: May - August 2018, Available at: [www.noveltyjournals.com](http://www.noveltyjournals.com)

- **Aida Abdel Rezek, (2018):** Efficacy of Transcutaneous Electrical Nerve Stimulation on Maternal Satisfaction from Labor Pain Sensation. IOSR Journal of Nursing and Health Science (IOSR-JNHS) , vol. 7, no.05 , 2018, pp. 84-95
- **Aida Abdel Rezek, (2018):** Effect of Implementing Clinical Pathway to Improve Child-Birth and Neonatal Outcomes. American Journal of Nursing Research, 2018, Vol. 6, No. 6, 454-465 Available online at <http://pubs.sciepub.com/ajnr/6/6/13> ©Science and Education Publishing DOI:10.12691/ajnr-6-6-13
- **Aida Abdel Rezek, Amal Mohamed Gamal, (2017):** Risk Factors Management in Women with Premature Rupture of Membrane: A Proposed Protocol. IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320–1959.p- ISSN: 2320–1940 Volume 6, Issue 5 Ver. VII. (Sep. -Oct .2017), PP 40-51 [www.iosrjournals.org](http://www.iosrjournals.org)
- **Aida Abdel Rezek, Amal Mohamed Gamal, (2017):** Shared Decision Making for Women with Sexual Dysfunctions and their Satisfaction. American Journal of Advances in Nursing Research. 2017;4(1):24-36
- **Aida Abd El-Razek, Amal M Gamal, (2017):** Impact of Regular Physical Activity Modification among Nulliparous Women for Signs of Preeclampsia Prevention. Asian Pacific Journal of Nursing. 2017;4(2):46-55. Mcmed Intrnational,
- **Aida Abd El-Razek,, (2017):** Efficacy of an Instructional Intervention Program on Obstetric Nurses' Information and Perceptions Relating To Transcutaneous Electrical Nerve Stimulation throughout Labor. IOSR Journal of Nursing and Health Science (IOSR-JNHS e-ISSN: 2320–1959.p- ISSN: 2320–1940 Volume 6, Issue 2 Ver. III (Mar. - Apr. 2017), PP 79-88 [www.iosrjournals.org](http://www.iosrjournals.org)
- **Aida Abd El-Razek, Gamila Ayoub, Hala Salah Eldeen Abd El-Samea (2016):** Correlation between Menstrual spasm and Labor contraction. IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320–1959.p- ISSN: 2320–1940 Volume 5, Issue 5 Ver. VII (Sep. - Oct. 2016), PP 49-55 [www.iosrjournals.org](http://www.iosrjournals.org)

- **Aida Abd El-Razek & Ibrahim Bashayreh** (2016): Hot Flashes associated with Higher Blood Pressure among Early & Late Postmenopausal Women: A Cross-sectional Design. International Journal of Nursing December 2016, Vol. 3, No. 2, pp. 104-111 ISSN 2373-7662 (Print) 2373-7670 (Online) Copyright © The Author(s). All Rights Reserved. Published by American Research Institute for Policy Development DOI: 10.15640/ijn.v3n2a14 URL: <https://doi.org/DOI: 10.15640/ijn.v3n2a14>
- **Aida Abd El-Razek \***, Gamila Ayoub . Hoda Farahat , (2016): The relationship between sleep disturbance in late pregnancy and labor outcomes. International Journal of Health, IJH, 4 (1) (2016) 12-16 ISSN: 2309-1630
- **El-Razek** (2016): Impact of educational programs about Methods of Assessment of Fetal wellbeing during pregnancy among Staff nurses Accepted of published at Open Journal of Obstetrics and Genecology
- **El-Razek 1\***, Gamila Ayoub 2. Fadwa Alhalaiqa 1, Ibtisam Al-Zaru,(2016): Efficacy of sodium bicarbonate in early management and improvement of vaginal yeast infection among women in Jordan: A Quasi-experimental Study Accepted June at Academic Journal of Life Science
- **El-Razek**, (2013): Enhancement of Mother's Self-Care Practices for Relieving Minor Discomfort during Post Partum Period. Acceptance from the ASIAN ACADEMIC RESEARCH ASSOCIATES JOURNAL India.
- **El-Razek**, (2012): the relationship between vaginal douching practices and genitourinary infection among women using intrauterine devices and oral contraceptive. Tanta Scientific Nursing Journal 2012,4(3)
- **El-Razek**, (2012): Effect of Presence of Trained Significance Others on Labor Outcomes and Mother's Satisfaction . Life Science Journal 2012;9(4)
- **El-Razek** , Heba Aly, Aziza A., & Abear Y. (2012): Effect of Pyelonephritis during Pregnancy on Mother's Quality of Life. Acceptance from the 4<sup>th</sup> International Scientific Nursing Conference Faculty of Nursing Helwan University in Collaboration with Kennesaw University (KSU), USA.
- Zein El-Dein, N. & **El-Razek, A.**, (2010): Impact of Health Education on Mothers and Nurses to Prevent Shaken Baby Syndrome. International Conference on Empowering Woemen in Developing Counties through Better Healthcare and Nutrition during 22-24 April

- **El-Razek, A.,** & Zein El-Dein, N., (2009): Effect of Breast Feeding on Pain Relief during Infant Immunization Injections. International Journal of Nursing Practice, 15; (99-104).
- **El-Razek, A.,** (2006): Assessment of Physical Complaints, Emotional and Psychological Reaction of Women's Experience in Pregnancy loss Alexandria Scientific Nursing Journal. Vol.5, No.1,2006
- **El-Razek, A.,** Hasna, F., (2005): Effect of Low-Dose Aspirin or Calcium Supplementation on the incidence of Preeclampsia. Alexandria Scientific Nursing Journal. Vol.5, No.1,2006
- **El-Razek, A.,** (2004): The Effect of Obesity on Pregnant Women and New Born Infants. Bulletin of High Institute of Public Health. March .
- Mohsen, M, **El-Razek, A.,** & Alaah Hassan, W. (2004): A Study of Research Utilization in Nursing Practice; Is it Applicable?. Bulltein of High Institute of Public Health. Vo: 34; No:1 January.
- **El-Razek, A.,** El-Hameed; H & Ramadan, (2003): S.Osteoporosis Preventing Program; Changing Knowledge and Behaviors Among 20-60 years Old Females. Bulletin of High Institute of Public Health vol:33; No:3 July.
- Mohsen, M. & **El-Razek, A.,** (2002): The Effect of Maternal Position on Fundal High Measurements; as a Clinical Assessment in Antenatal Period. Bulletin of High Institute of Public Health. Vol:32; No:4 October.
- **El-Razek, A.,** (2001): Factors Affecting Nutritional Awareness Among Breast Feeding Mothers in Minufiya Governorate. Acceptance October.
- Mohsen, M & **El-Razek, A.,**:(2001): The Impact of Health Educational Intervention for Pregnant Women on Minimizing the Incidence of Pre-term labor. Bulletin of Alexandria Faculty of Medicine No:1; January – March.
- **El-Razek, A.,** Attia, A. (2000): Knowledge and Attitudes about Emergncy Contraception among Health Care Providers in Shebin El-Kom City. The New Egyptian Journal of Medicine .
- **El-Razek, A.,** Khalifa, M.I; (2000): Role of the Nurse in Implementing some Case Management and team Collaporation Tasks. Bulltetin of Alexandria Faculty of Medicine, No:2; April-June.
- **El-Razek, A.,** Attia, A & El-Guindi, F: (1999): The Effect of Practicing Physical Measures on Relieving Lower Back Discomfort During Perinatal period. The New Egyptian Journal of Medicin vol:20; No:4 April .

