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Curriculum Vitae

Surname: Eita

First name: Lamiaa Hassnin

Permanent address:

1- 2 Taher St. off Sadek Zeid- Hadayike El – Zeitoun, Cairo.

2- 23 Anwer St. off Ali Moubark, Tanta, Gharbia.

Birth date: September 25, 1971 .

Tel. Numbers: 02/2505029 Cairo - Mob. 01287656233=01117304821 –
040/3331149, Tanta.

Nationality: Egyptian.

Religion: Moslem.

Sex: Female.

Marital status: Married plus 3.

Educational Qualifications:

- B.Sc. science of nursing with grade very good and an internship year finished at 31/8/1994 with grade excellent, Faculty of Nursing, Tanta University.
- Master degree 2000, titled: stressors as perceived by professional university students.
- Doctorate degree, 2008, titled: Impact of stress management technique on anxiety level among psychiatric nursing students.

Professional Experiences:

- 1993-1994, I have worked in private hospitals in Tanta (Ramadan and El-Fadaly hospitals) for long months during summer holidays.
- 1995, I have taught in the secondary nursing school, Tanta University for three months.
- 1995-2000, Clinical instructor of Psychiatric Nursing, Faculty of Nursing, Minofya University.
- 2002-2008, Assistant Lecturer of psychiatric Nursing, Faculty of Nursing, Minofya University.
- 2008--, Lecturer of Psychiatric Nursing, Faculty of Nursing, Minofya University.
- 2010-2012, Lecturer of Psychiatric Nursing, Faculty of Nursing, Helwan University.
- 2011-2015, Lecturer of Psychiatric Nursing, Technical Institute of Nursing, Menoufia University.
- 2017 till now, assistant professor of Psychiatric Nursing, Faculty of Nursing, Menoufia University

Committee membership

- A member in scientific department council,2009/2010
- A member in nursing quality project,2009/2011
- A member in cultural committee, 2014/2015
- A member in high education committee,2013/2014
- A member in students affairs committee, 2012/2013
- A member in ethics of scientific research committee, 2011/2012
- A member in postgraduate committee, 2018/2019
- A member in Purchasing committee, 2019/2020
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Training Courses:

- A training course in forensic psychiatric medicine, Faculty of Medicine, Minofya University, 1997.
- TOEFL I course during 1/5/2002-30/7/2002, Minofya University united with A.U.C.
- TOEFL II course during 1/11/2002-21/1/ 2003, Menofiya University united with A.U.C.
- TOEFL III 8/4/2003-8/7/2003.
- A course in ICTP for 14 weeks, 2006.
- A course in Advanced ICTP, 2011.
- A training program on "forensic psychiatry", National mental health council, Cairo, 5-11/6/2018.
- A training program on "improving the quality of psychiatrists regarding mental act 2009", National mental health council, Cairo, 19-26/6/2018.
- The Arabic program for fighting drugs addiction, the national center for social and criminological research (NCSCR), 6/1/2019-4/4/2019, Cairo.
- الدورة التثقيفية رقم (١٩) معهد اعداد القادة بطلوان، رائد فوج جامعة المنوفية، ٢٠١٩/٧/٢٧-٢٢
- A training program on "increasing competencies of psychiatric nurses according to mental act 2009", National mental health council, Cairo 4-6/6/2020.

Language : English, good writing and speaking.

Traveling Abroad: I visited UAE for two months, 2000.

Referees : Prof. Dr. Enas Kasem, professor of maternity nursing and dean of Faculty of Nursing, Menoufia University.

Profession :Now I'm an assistant professor of Psychiatric Nursing, Faculty of Nursing, psychiatric Nursing Department, Minofya University and a member of psychiatric department council, 9/2008 -9/2009.

Teaching Courses of Baccalaureate degree

- **Mental Health and psychiatric Nursing:** The course includes mental health and its philosophy, symptomatology, application of general principles in psychiatric nursing, application of diagnosis in mental health, common behavior disorders and their nursing intervention.

- **Communication skills course.**
- **Human relations**
- **Treatment modalities (Psychotherapies)**
- **A course in: Holistic nursing care.**

Clinical Teaching courses

- **Medical and Surgical Nursing.**
- **Mental Health and Psychiatric Nursing.**

Teaching courses of Master Degree

- **Teaching methods**
- **Clinical Psychology.**
- **Educational Psychology.**
- **Nursing Research.**
- **Psychometry.**
- **Assessment of psychiatric patient.**
- **Nursing critique.**
- **Mental Health and Psychiatric Nursing.**
- **Nursing research.**

Teaching courses of Doctorate Degree

- **Mental Health and Psychiatric Nursing.**
- **Mental Woman Health.**
- **Child Psychiatry.**
- **Nursing Critique.**
- **Application of scientific research in nursing.**
- **Psychology of Woman health**

Supervision of Theses

- **Supervision of a Master's Thesis on 'Impact of Internet addiction on psychological problems among Minofya University students' (Accepted).2013**
- **Supervision of a Master's Thesis on "The Effect of Birth Order on Anxiety and Depression among Adolescents" (Accepted).2015**
- **Supervision of a Doctorate's Dissertation on" The Effectiveness of relaxation training program on stress and marital adjustment on infertile women"(Accepted).2015**

- Supervision of a Doctorate's Dissertation on "The effect of psychiatric nursing intervention on social web site addiction among Menoufia students" (Accepted).2017
- Supervision of a Doctorate's Dissertation on "Effectiveness of Nursing Intervention on Clinical Training Stress and Self-Control among Faculty of Nursing Students (Accepted).2020
- Supervision of a Master's Thesis on "Relationship between loneliness, anxiety and depression among elderly" (Accepted).2020
- Supervision of a Master's Thesis on "quality of life and social support among mothers of child with thalassemia (Still ongoing).2021

Conference Hold:

- I have participated in a workshop on: Evaluation of nursing process, Faculty of Nursing, Minofya University, 1995.
- I have attended a conference on: promoting nursing competency dated 15/12/1997, Faculty of Nursing, Cairo University.
- I have shared in a training course on Forensic Medicine in Faculty of Medicine, Minofya University during 14-19/6/1997.
- I have attended a conference on: Mental health for children, Faculty of Nursing, Cairo University dated 14/10/2001.
- I have attended a conference on: Mental health in occupational places (The Day of Mental Health), National Mental Health Council,14/10/2001.
- I have attended a second annual conference on: quality of teaching and clinical training in nursing education, Faculty of Nursing, Cairo University dated 15/5/2002.
- I have attended a work shop on: exploring the ever evolving potential of nursing to match our modern world challenges, Faculty of Nursing, Ain Shams University dated 18/5/2002.
- I have participated in a work shop titled steps of curriculum design, implementation, and evaluation in Nursing, Faculty of Nursing, and Menoufiya University during 31/7/2002 to 1/8/2002.
- I have shared in a workshop on: evidence based nursing. Faculty of Nursing, Menoufiya University united with Mansoura University dated 8/8/2002.
- I have attended the annual scientific conference of psychiatric department. Which titled: psychiatric nursing and alternative medicine, dated 16/4/2003. Faculty of nursing, Cairo University.
- I have shared in a seminar titled: Distance- learning, Faculty of Nursing, Menoufiya & Cairo University dated 21/4/2003.
- I have participated in the annual scientific conference titled: toward mental health and quality of life. Faculty of Nursing, Ain Shams University. 18-20/10/2003.

- I have attended at training course on:
Preparation of University teacher, Faculty of Education, Menoufiya University, 1-28/2/2004.
 - I have participated in a workshop titled: Toward development University exams, Faculty of Nursing, Minofya University, from 4/7/2004 to 14/7/2004.
 - I have attended a workshop titled substance abuse and co-occurring psychiatric disorders. Psychiatric center, Ain Shams University, dated 26-9-2004.
 - I have attended a conference of the Egyptian psychiatric. Association collaboration with the neuropsychiatry department. Faculty of Medicine, Menuofiya University, December 23rd 2004.
 - I have participated a world mental health day, March 16th 2004 titled liaison mental health services for physically ill women: Faculty of Nursing, Cairo University.
 - I have attended a training course on computer and internet from 9/10/2004 to 18/10/2004. Minofya University
 - I have shared in a the 11th annual conference on:
Towards better Geriatric health. 29/4/2004. Faculty of Medicine, Minofya University.
 - I have shared in a training course on power point from 28/2/2005 to 7/3/2005. Menoufiya University
 - I have attended a training course on "SPSS" from 27/3/2005 to 13/4/2005 Menoufiya University.
 - I have participated in a lecture on: obesity between reality and fantasy, Faculty of Nursing, Menoufia University. 27/4/2005.
 - I have shared in the Faculty and leadership development Project (FLDP), as the following:
 - 1) Effective teaching: 9-14-4/2005. (FLDP, Menoufia University)
 - 2) Methods of research: 28-30/12/2004. (FLDP Menoufia University)
 - 3) Thinking skills: 18-20/12/2004. (FLDP Menoufia University)
 - 4) Job ethics: 27-28/11/2004. (FLDP, Menoufia University)
 - 5) Using technology in teaching, 2-4/7/2006. (FLDP, Menoufia University)
 - 6) Effective communication skills, 27-29/8/2006. (FLDP Menoufia University)
 - 7) Credit hours: 3-5/9/2006. (FLDP, Menoufia University)
 - 8) Effective presentation skills, 3-5/6/2007. (FLDP, Menoufia University)
 - 9) Organization of scientific conferences, 20-22/4/2008. (FLDP, Menoufia University)
 - 10) Evaluation of examines systems, 17-19/8/2008. (FLDP, Menoufia University)
 - 11) Legal and economic aspects of university duties, 24-26/8/2008. (FLDP Menoufia University)
 - 12)Competitive research national and international projects 22-24/6/2014. (FLDP, Menoufia University)
 - 13) Scientific publishing, 19-20/10/2014. (FLDP, Menoufia University)
 - 14) People management, 2-20/7/2017. (FLDP, Menoufia University)
 - 15) Learning for life, 4/7/2017. (FLDP, Menoufia University)
- I have attended a conference titled: methods of psychotherapy, Faculty of Arts, Menoufiya University.

- I have attended the 10th annual scientific conference titled. Scientific specialties in psychiatric nursing faculty of nursing Cairo university, 30/4/2008.
- I have attended the 3rd annual IMC Egyptian Nursing conference, International Medical Center(IMC) ,7-8/5/2008.
- I have attended the conference titles. New trends in women's health. Faculty of nursing, Tanta University, 13/10/2008.
- I have participated in a conference titled: application of standards of quality in teaching and practice Faculty of Nursing Helwan and Benha univ. 29-30/4/2009.
- I have participated in a workshop titled: (team work and quality of teaching) Faculty of Nursing Helwan Univ. 23/2/2009.
- I have participated in a conference titled: to ward ideal practice and professionalism in health team. Faculty of Nursing Ain Shams Univ. 21-23/11/2009.
- I have attended fifth conference titled: application of scientific researches Cairo Univ. 21-24/12/2009.
- I have attended 2nd annual conference titled: "quality, performance and nursing challenges Faculty of Nursing, Minofya Univ. 24-25/2/2010.
- I have attended a conference titled: consultation liaison (C-L) psychiatry and pediatric institute of postgraduate studies of childhood Ain Shams Univ. 27-4/2010.
- I have attended a conference titled: nursing today future, challenges and threats. Faculty of Nursing Helwan Univ. 28-29/4/2010.
- I have attended a conference titled: 6th international congress on psychiatry. Institute of Psychiatry. Ain Shams Univ. 4-5/5/2010.
- I have attended a conference titled: credit hours, the way to the quality. Faculty of Nursing. CairoUniv. 10/6/2010.
- I have attended a conference titled :toward excellence in nursing profession. Faculty of Nursing. Minofya Univ. 14/3/2011.
- Annual student conference present and future in nursing profession. Faculty of Nursing. Ain shams Univ. 12/4/2011. (Audience)
- 7th international congress on psychiatry. Titled future perspectives.26-28/4/2011.Marriott Hotel. Ain shams Univ. (Audience)
- I have participated in a work shop titled :how to use data base.12/5/2011*15/5/2011.Minof.Univ. Computer Center.
- I have participated in a work shop titled :The role of community partners in quality of higher education.CairoUniv29/5/2011.
- 9th Annual. conference titled :quality of medical education. Faculty of Medicine . Menoufia. Univ. 13/5/2012. (Audience)
- 8th international congress on psychiatry. Titled: challenges in neurpsychiatry.27-28/3/2012 .Ain shams Univ. Institute of psychiatry. (Audience)
- The 2nd international nursing conference titled: nursing education and accreditation" challenges and opportunities". Faculty of Nursing. Cairo Univ.25-26/3/2013(Speaker)
- I have attended a seminar titled:"Hospital based care in psychiatry", Faculty of Nursing. Minofya Univ.13/4/2013.
- The 11th international nursing conference in collaboration with the scientific society of Arab nursing faculties and Kennesaw state Univ.(KSU),USA titled: Health challenges and QoL. Faculty of Nursing. Ain Shams Univ.29-30/4/2013 (Speaker).
- The 9th international congress on psychiatry titled;"The changing landscape in neuropsychiatry practice". Educational and training center- Ain Shams Univ.7/5/2013. (Audience).

- I have attended a workshop titled: Cognitive behavioral therapy. Faculty of Nursing. Minofya Univ.15-18/9/2013.
- I have attended a workshop titled:"general rules of professor's promotion: Faculty of Nursing. Cairo Univ.27/11/2013.
- I have participated in the 3rd international nursing conference in collaboration with Dar Esalam-Tanzania.Univ. of Raprin-Iraq.Kano State Federation-Nigeria, titled: Prevention is better than cure. Faculty of Nursing. Mansoura Univ.3/3/2014.(poster).
- The 6th international nursing conference in collaboration with Kennesaw Univ., and Faculty of Applied Medical Sciences (AMS) titled: advances in nursing profession,6-7/4/2014 . (Speaker).
- The 3rd international nursing conference in collaboration with Case Western Reserve Univ. CWU, USA and Univ. of Massachusetts Boston.USA titled: nursing specialties based on community needs, challenges and opportunities. Hold on 57357 hospital children's cancer hospital foundation, 6-7/5/2014. (Speaker).
- The 2nd scientific nursing conference titled: newest technology in nursing practice and education. Faculty of Nursing. Benha Univ. in collaboration with children specialized hospital.14/5/2014 (poster).
- The 4th international scientific nursing conference titled: utilization of research in nursing. Faculty of Nursing. Minofya Univ.19th -20th /5/2014(poster).
- I have participated in the 8th scientific nursing conference titled: Nursing Challenges in Qualification and Professionalism 10th November, 2014. Faculty of Nursing Zagazig University (Talk).
 - I have attended a seminar titled:"Creating a cultural of professionalism, working with ethics among health care providers", Faculty of Nursing. Menoufya Univ.14/10/2014.
 - I have attended a seminar titled:"Addiction and its effects on the individual, family and society", Faculty of Nursing. Minofya Univ.25/11/2014.
 - I have attended a seminar titled:"Autism and how to deal with this child", Faculty of Nursing. Minofya Univ.9/12/2014.
 - I have attended a seminar titled:"Sleep disturbances and its management", Faculty of Nursing. Minofya Univ.7/4/2015.
 - I have attended a seminar titled:"How to increase self awareness", Faculty of Nursing. Minofya Univ.26/4/2015.
- I have participated in the 3rd international nursing conference titled: Quality of health care: education &services. Faculty of Nursing, Tanta University. 24-25/11/2014. (Poster).
- The 6th international nursing conference in collaboration with Kennesaw Univ., and Faculty of Applied Medical Sciences (AMS), 6 OctoberUniv. Titled: Evolution of nursing profession: A pathway to excellence, 20-21/4/2014. (Speaker).
- I have participated in the 11rd international conference titled: Human performance in health and disability. Faculty of Medicine, Cairo University. 11-12/6/2015. (Poster).
- The 7th international nursing conference in collaboration with Kennesaw Univ., and Faculty of Applied Medical Sciences (AMS) titled: Evolution of nursing: A pathway to excellence.20-21/4/2015. (Speaker).
- The 11th national conference in of human performance in health and disability Faculty of Medicine titled: human performance in health and disability, 11-12/6/2015. (Speaker).

- The 5th international nursing conference Faculty of Nursing, Suez Canal Univ. Titled: New trends toward advanced health care, 18/11/2015. (Speaker).
- The 4th international nursing conference in collaboration with Case Western Reserve Univ. USA titled: Future of nursing education, ambition & reality. Cairo Univ. 15-16/12/2015. (Audience).
- The 3rd annual Armed Forces Psychiatry Conference. Medical Academy Titled: Recent and important issues in psychiatric practice and knowledge, 4-6/5/2016.
- The 1st annual scientific day in psychiatric nursing, Faculty of Nursing, Menoufia Univ. 17-18/5/2016.
- The 4th annual armed forces psychiatric conference. Armed medical academy. 4-7/4/2017. Cairo.
- The 13th international psychiatric congress of Ain Shams, Institute of psychiatry. 2-4/5/2017.
- The annual medical congress of scientific society of Al Azhar faculty of medicine. 15/9/2017, Cairo.
- A psychiatry workshop of medical congress of scientific society of Al Azhar faculty of medicine. 14/10/2017, Cairo.
- The 4th annual scientific meeting in psychological medicine hospital, Cairo, 18-19/10/2017.
- A psychiatry workshop on "Anxiety Disorder", Gamal Abo el azayem, 28/10/2017
- Nephro Menoufia conference on "clinical Nephrology updates", faculty of medicine, , Menoufia Univ. 26/11/2017
- A seminar on "Environment and its relation to cancers", faculty of nursing, cultural week, Menoufia Univ. 2/21—6/21/2017
- A psychiatry workshop of medical congress of scientific society of Al Azhar faculty of medicine. 23/12/2017, Cairo.
- The 7th annual congress of critical care and emergencies medicine, 17-21/11/2019.
- The 26th annual conference of faculty of medicine, Menoufia univ., 1-3/12/2019.
- The 3rd Tech-Nurse conference, the national institute of heart, Cairo, 27/12/2019.
- The 6th international scientific conference of Menoufia, faculty of nursing, 1-2/10/2019.
- The 5th international congress of psychiatry, Ain Shams Univ., 17/9/2019.
- The 4th medical oncology conference of Maadi Hospital armed forces, 5/9/2019.
- Annual congress of clinical psychology, integration between psychiatry and clinical psychology.
- The 5th international scientific conference of Mansoura faculty of nursing, 11-14/4/2019.
- The 5th international scientific conference of psychiatry dep. Zagazig univ. 7/3/2019.
- Work shop about "blueprint exam applications", faculty of nursing, Menoufia univ., 24/2/2019.
- The 5th congress of general secretarial of mental health and addiction treatment, Cairo, 1-2/12/2018.
- The 5th Work shop of general secretarial of mental health and addiction treatment, Cairo, 1-2/12/2018.
- The 1st annual conference of psychiatry for children, 6/12/2018.
- The 6th annual armed forces conference of psychiatry, 3-5/4/2019.
- The 2nd annual conference of psychiatry, Al Azhar univ., 6/4/2019.
- The 2nd annual conference of microbiology department, 2-4/5/2019.

- The 15th international congress on psychiatry, recent updates in psychiatric practice, Institute of psychiatry, 17/9/2019
- The 6th international scientific conference of faculty of nursing, sustainable development of nursing education and research, faculty of nursing. 1-2/10/2019
- The 13th PAN ARAB critical care congress, society of critical care and emergency medicine, pre and post-operative nursing care, 20/11/2019
- The 1st international joint conference of Alazhar faculties of medicine, 11 Nov.-2 Dec./2019
- The 26th annual conference of faculty of medicine, future therapies and modalities in medicine 1-3/12/2019
- The 1st Railway medical conference, 11-12/12/2019, Cairo.
- The 1st addiction conference of armed forces, Recent trends in addiction treatment, 25-26/12/2019.
- The 1st addiction conference of Tanta psychiatry department, 11-12/9/2019.
- Annual Congress of National Cancer Institute, Cairo Univ., Bridging gap in oncology, 6-8/11/2019.
- The 2nd integrated pediatric neuropsychiatry, Step forward association for development, 7/11/2019

Published Scientific Researches

- "The Stress Experience among Nursing Staff in Critical Care Units in Menoufia University Hospitals" on the 2nd international nursing conference titled: nursing education and accreditation" challenges and opportunities". Faculty of Nursing. Cairo Univ. 25-26/3/2013.
- "Impact of Internet addiction on psychological problems among Minofya University students" on The 6th international nursing conference in collaboration with Kennesaw Univ., and Faculty of Applied Medical Sciences (AMS) titled: advances in nursing profession, 6-7/4/2014.
- "Association of anxiety and depression among COPD patients" on The 3rd international nursing conference in collaboration with Case Western Reserve Univ. CWU, USA and Univ. of Massachusetts Boston. USA titled: nursing specialties based on community needs, challenges and opportunities. Hold on 57357 hospital children's cancer hospital foundation, 6-7/5/2014.
- "Impact of counseling on anxiety and self esteem levels among nursing students" Journal of Nursing Education and Practice. Vol.6,(5) June, 2015.
- The Effectiveness of Live Bee Sting Acupuncture on Depression. IOSR Journal of Nursing and Health Science, Volume 4, Issue 4 Ver. III (Jul. - Aug. 2015).
- The Effect of Birth Order and socio demographic characteristics on Anxiety and

Depression among Adolescents. International Journal of Nursing Science (Volume 5, Number 3, July 2015

- **The Effect of Oral Nursing Intervention on Antidepressants- induced Xerostomia among Patients with Depression. International Journal of Nursing Science (Volume 5, Number 4, September) 2015**

The Effect of Relaxation Techniques Program on Stress and Marital Adjustment among Infertile Women in Menoufia Governorate.
الصحية المتقدمة)- كلية التمريض-جامعه قناة السويس فى : ٢٠١١/١١/١٨
الاتجاهات الحديثة فى الرعاية

- **Patterns of Domestic Violence among Pregnant Women and Psychological Consequences, Eita, Lamiaa Hassnin and Entsar Abd El Aleem Abd Elsalam, International Journal of Novel Research in Healthcare and Nursing, 2017,4(1):195-203**
- **Potential Social Web Sites Addiction Motives among University Students, Hanaa Radwan, Sorayia Abd El Fattah, Maaly El Malky, Gehan Abed, Lamiaa Eita, Menoufia University, Faculty of Nursing,1(2):77-87.2016**
- **Relationship between Perceived Parenting styles and Depressive Symptoms among Selected University Students, Manal Abdel Hamied, Maaly El Malky, Lamia Eita, Faten Alam, Menoufia Nursing Journal, 1(2):1-6, 2016,**
- **Psychiatric Nursing Intervention to Prevent Social Web Sites Communication Addiction among University Students, Lamiaa Hassanien Eita Hanaa El kotb, Sorayia Ramadan, Maaly Ibrahim El Malky, Gehan Abed, International Journal of Novel Research in Healthcare and Nursing, 4(1):282-25**
- **The Impact of Psychoeducation Intervention Regarding Neuroleptic Malignant Syndrome on psychiatric Nurses' Knowledge, International Journal of Neurological Nursing , : 2456-5229 Vol. 5: Issue 2**
- **Insomnia among Patients with Schizophrenia: The Effect of Sleep Hygiene Guidelines. American Journal of Nursing Research, 2019, Vol. 7, No. 6, 903-911**
- **Non-Motor Symptoms among Patients with Parkinson's disease: The Prevalence and its Effect on Quality of Life. Iris Journal of Nursing & Care,2(4),2020:1-9**

- **Effectiveness of Nursing Intervention on Clinical Training Stress and Self-Control among Faculty of Nursing Students. Open Access Journal of Nursing, Volume 2, Issue 2, 2019, PP: 17-28**
- **The Relationship between Academic Stress and Self-Control among Faculty of Nursing Students, Open Access Journal of Nursing, ISSN: 2639-1783, Volume 2, Issue 1, 2019, PP: 51-63**
- **The Relationship between Loneliness, Anxiety Level and Depressive Symptoms among Elderly, International Journal of Novel Research in Healthcare and Nursing, Vol. 7, Issue 1, pp: (997-1010), Month: January - April 2020. Page | 997**
- **Resilience Training Based Nursing Intervention: Its effect on Depressive Symptoms, Coping styles and Resilience among Patients with Depression, Egyptian Journal of Health Care, 2021 EJH Vol. 12 no. 2**

Other Activities:

- **I have participated in competitions of Technology and scientific Research Academy, Cairo, during 1994, 1995 and 1997. The competitions in scientific writing respectively.**
 - **Over population in Egypt, 1994.**
 - **Food additives, 1995.**
 - **Using scientific methods to manage rubbish, 1997.**
 - **I shared in a campaign in Port Saeid. Institute of Leaders. 17/7/2009 to 22/7/2009.**
 - **I shared in a campaign in Fayoum Institute of Leaders. 16/7-21/7/2010.**
 - **I shared in a medical campaign for orphans in Qewesna city. 14/3/2011.**
 - **I shared in a medical campaign in Sirs Elleian titled: psychological changes of adolescence. 15/5/2011.**
 - **I shared in a medical campaign in Shoubrabloula, AlMay, Menoufia city, Menoufia titled: Effects of psychological changes among adolescence. 15/12/2014.**

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