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# Psychiatric Mental Health Nursing Undergraduate Course Specification

2019--2018

(1<sup>st</sup> & 2<sup>nd</sup> Semester)

قسم التمريض النفسى و الصحة النفسيه





## نموذج رقم ( 12 )

جامعة / أكاديمية :

Faculty of Nursing

Psychiatric Nursing Mental Health department

توصيف مقرر دراسي

1- بيانات المقرر		
<b>Brand level</b> (undergraduate students fourth year)	<b>Code name</b> Human relation and : Group Dynamics	<b>:Code number</b> (411)ع
<b>: Unit number/Credit hours</b> <b>Theoretical</b> / week :2 hour		<b>: Specialization</b> Psychiatric Nursing and Mental Health

This course will provide students with: The theoretical and expexriential framework for maximizing human relations and communication within the educational domain.	The aim of the -2 course
<b>The aim of teaching the course:</b> Fourth year undergraduate student should be able to	
a.1. Define terms related to group dynamics and human relation. a.2. Explain factors affecting group dynamic and human relation a.3. Describe the elements, purposes and techniques of	<b>A - Knowledge and :Understanding</b>



<p>effective communication</p> <p>a.4.Explain Principle of documentation.</p> <p>a.5.Discuss the different theories that influences and support the group in communication and group dynamic for psychiatric nursing practices.</p> <p>a.6. Classify the types of communication and types of leadership styles.</p>	
<p>b.1.Analyze the characteristics of effective communication.</p> <p>b.2.Explain the main tasks of each leadership style.</p> <p>b.3.Explain the principles guidelines for interview.</p> <p>b.4. Explain the goal ,phases and the role of the nurse in nurse patient relationship.</p> <p>b.5. Distinguish between verbal and nonverbal communication.</p> <p>b.6. Utilize appropriate methods of providing feedback in the communication process.</p> <p>b.7.Use interactive communication techniques that can facilitate effective communications.</p> <p>b.8. Differentiate between formal and informal written communication, and demonstrate ability to use both forms.</p> <p>b.9.Consider the feelings, information needs, and perspective of others.</p>	<p><b>b. Intellectual skills</b></p> <p>:</p>
<p><b>C.1-</b> Apply several technique of communication skills with patients and other staff</p> <p><b>C.2-</b> practice proper listening for patient</p> <p><b>C.3-</b>Use special skills to establish therapeutic, caring and collaborative relationships with patients</p>	<p><b>c-Professional and practical skills</b></p>



<p>C.4-Apply therapeutic manners of communication effectively in psychiatric nursing practice</p> <p>C.5- Use different types of documentation in nursing practice</p> <p>C.6.Utilize basic mechanics of writing: spelling, capitalization, and punctuation.</p> <p>C.7. Apply basic techniques for the organization of written material.</p> <p>C.8. Comprehend and apply Standard language usage in written communication.</p> <p>C.9.use effective communicative strategies.</p> <p>C.10. Recognize the importance and effect of behavior in human relations on individuals, groups, and/or organizations.</p>	
<p>D.1. Use communication skills in establishing therapeutic, caring and collaborative relationships with patients.</p> <p>D.2. Integrate experiences in a logical process of forming ideas</p> <p>D. 3. Use technical, symbolic, non-verbal, visual, and graphic aids in presenting his or her own ideas or those of others.</p>	<b>D-General and Transferable Skills</b>

Quality Assurance Unit

Menoufia University

: content

Topic	No. of hours	Lecture / 2hours
Introduction about course	2	1
Communication	2	1



Communication in organization	6	3
Telecommunication	2	1
Listening	2	1
Interview	2	1
Nurse patient relationship	2	1
Group dynamics	6	3
<b>Documentation</b>	6	3
<b>Total</b>	<b>30hrs.</b>	

<p>5.1 Interactive presentation (self learning).            5.2-lectures.            5.3. Group Discussion.            5.4. Clinical Practice.            5.5. Role Play.            5.6. Brain storming.            5.7. Assignment.            5.8. case study.</p>	<p><b>\5-Learning and Teaching methods</b></p>
<p><b>-6-Student Evaluation</b></p>	
<p>7.1. Activities (presentation and simulation ) to assess knowledge, intellectual and psychomotor skills            7.2 Final written exam to assess knowledge and</p>	<p><b>a- Student Assessment method</b></p>



critical thinking	
Assessment1: midterm exam..... on the 8th week. Assessment 2: Final written exam.....at the end of the term.	b-Assessment Schedule:
Final-term Exam <b>70%</b> Mid-term Exam <b>30%</b> Total <b>100%</b>	c-Weighting of Assessments
<b>- 8- List of references :</b>	
HAND OUT BOOKS	a-Handout of Psychology

<p>- Foster C, Berthollier N, Rawlinson D,(2014): A systematic Review of Potential Mechanisms of Change in Human Relationship, 4(133):2161-0487.</p> <p>- Binder, JI,Betan EJ,(2013): Essential activities in a session of brief dynamic/interpersonal relationship. Psychotherapy, 50 (3) :428-432.</p> <p>- Boyd M (2012): Psychiatric Nursing Contemporary Practice. 5<sup>th</sup> ed. Philadelphia: Lippincott.</p> <p>- Videbeck Sh (2011): Psychiatric Mental Health Nursing. 5<sup>th</sup> ed. Philadelphia: Lippincott; 193-200.</p> <p>- Mohr w (2009): Psychiatric Mental Health Nursing. 7<sup>th</sup> ed. Philadelphia: Lippincott; 41-55</p>	<b>b-Essential book</b>
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<p>-Corsini, R and Wedding, D ( 2008): Current psychotherapies, 8<sup>th</sup> ed. Thomspon, Australia.</p>	
<p>- Sadock BJ, Sadock VA, (2015): Kaplan and Sadocks Comprehensive Textbock of Psychiatry. 8th ed. Vol.(2), Philadelphia Lippincott, Williams and Wilkins.</p>	<p>c- <b>Recommended book</b></p>
<p>- <a href="http://www.delmarlearning.com/companions/content/0766838366/sample/Daniels_Ch04_068-089_lr.pdf">http://www.delmarlearning.com/companions/content/0766838366/sample/Daniels_Ch04_068-089_lr.pdf</a></p> <p>- <a href="http://everydaylife.globalpost.com/examples-barriers-communication-4294.htm">http://everydaylife.globalpost.com/examples-barriers-communication-4294.htm</a>.</p> <p>- <a href="http://en.Wikipedia.org/wiki/group-dynamics">http://en.Wikipedia.org/wiki/group-dynamics</a>.</p> <p>- <a href="http://www.mindtools.com/Commskll/ActiveListening.htm#sthash.13zh as0P.dpuf">http://www.mindtools.com/Commskll/ActiveListening.htm#sthash.13zh as0P.dpuf</a>.</p> <p>- <a href="http://www.skillsyouneed.com/ips/listeningskills.html#ixz2h1RYF7Q5">http://www.skillsyouneed.com/ips/listeningskills.html#ixz2h1RYF7Q5</a>.</p> <p>- <a href="http://www.psychology.org">www.psychology.org</a></p> <p>- <a href="http://www.apa.org">www.apa.org</a></p>	<p>Periodicals , Web sites, etc</p>

أستاذ المادة :

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د. صفاء شتلة

رئيس القسم العلمى

ا.م.د/ منى النجار





Quality Assurance Unit

Menoufia University