

## نموذج رقم ( 12 )

جامعة: Meoufia

كلية / معهد: Faculty of Nursing

قسم: Psychiatric Nursing and Mental Health department

## توصيف مقرر دراسي

بيانات المقرر		
الفرقة / المستوى: الفرقة / المستوى 4 <sup>th</sup> year students.	اسم المقرر: <b>Psychiatric Treatment Modalities in Nursing</b>	الرمز الكودي ( 407 )M
الوحدات الدراسية: نظري : 2 hour/ week عملي : 2 hour/ week		التخصص : Psychiatric and Mental Health Nursing
This course provides a foundation in the major types of therapy for individual and groups used in advanced psychiatric mental health nursing and other disciplines engaged in mental health practice. The focus will be on therapeutic modalities that relate to advanced nursing practice in mental health  The aim of the course		2- هدف المقرر :

Students in the fourth year

3- المستهدف من  
تدريس المقرر :

<p><b>A - Knowledge and Understanding</b></p>	<p>a.1. Define selected terms related to psychotherapy.</p> <p>a.2. Explain behavior therapy in relation to the goal, concept and techniques.</p> <p>a.3. Discuss milieu therapy, cognitive therapy and individual therapy in relation to the goal, principles, concept and techniques.</p> <p>a.4. Discuss the characteristics of adaptive family functioning.</p> <p>a.5. Describe the components of family assessment.</p> <p>a.6. Illustrate the advantages and disadvantages of different type of treatment modality</p> <p>a.7. Describe different antipsychotic drugs including actions, indications, contraindications and side effects.</p> <p>a.8- Identify the benefits of play therapy</p> <p>a.9- Describe indications , contraindications, and side effects of brain stimulation therapies</p> <p>a.10- Describe the indications of group therapy</p>
<p><b>b. Intellectual skills</b></p>	<p>b.1. Differentiate between types of pharmacotherapy in relation to action, side effect.</p> <p>b.2. Differentiate between types of group therapy</p> <p>b.3- Discuss therapeutic factors that individuals can achieve through interpersonal interactions within the group.</p> <p>b.4- Explain the goal ,phases and the role of the nurse in family</p>

	<p>therapy.</p> <p>b.5- Differentiate between techniques used in different types of the psychotherapy</p> <p>b.6-.Compare the stages of group development.</p> <p>b.7. Classify the different types of antidepressant drugs, antipsychotic drugs.</p> <p>b.8- Classify the different types of cognitive distortion that found in patient with depression</p> <p>b.9- Discuss the Categories of play therapy</p> <p>b.10- Design intervention protocol for patient who will take E.C.T</p>
<p><b>c-Professional and practical skills</b></p>	<p>c.1 - Apply several techniques to each therapy</p> <p>c.2- Practice proper intervention for patient use therapy</p> <p>c.3-Use special skills to establish therapeutic, caring and collaborative relationships in each type of therapy .</p> <p>c.4-Apply therapeutic manners of therapy effectively in psychiatric nursing practice</p> <p>c.5- Apply different types of psychotherapy in nursing practice</p>
<p><b>. D-General and Transferable Skills</b></p>	<p>d.1. Act as an advocate for client, families and groups in psychiatric mental health setting.</p> <p>d.2. Collaborate with families to maximize the health potential of individuals.</p> <p>d.3.Demonstrate relevant nursing care to different psychiatric treatment modalities</p>



<b>Topic</b>	<b>No of hours</b>	<b>Lectures / hrs</b>	<b>Tutorial practical</b>
<b>1-Introduction to psychotherapy</b>	4	2	2
<b>2-Interpersonal therapy</b>	4	2	2
<b>3- Individual therapy</b>	4	2	2
<b>4-Group therapy</b>	4	2	2
<b>5-Behavior therapy</b>	4	2	2
<b>6-Cognitive therapy</b>	4	2	2
<b>7-Family therapy</b>	4	2	2
<b>8-Milieu therapy</b>	4	2	2
<b>9-Play therapy</b>	4	2	2
<b>10- Electroconvulsive therapy</b>	4	2	2
<b>11- Other brain stimulation therapies</b>	4	2	2
<b>12-Antipsychotics drug</b>	4	2	2
<b>13-Antidepressant drug</b>	4	2	2
<b>14-Antianxiety drug</b>	4	2	2
<b>15-Antimanic drug</b>	4	2	2
<b>Total</b>	<b>60</b>	<b>30</b>	<b>30</b>

## 5 – Teaching and Learning Methods

5.1. -.Group discussion with the use of visual aids

- PowerPoint using LCD
- Picture
- Interactive discussion

5.2. Brain storming question

5.3. Presentation of theoretical knowledge followed by discussion and student participation in class.

5.4. Assignment

5.6. Case study

5.7. group discussion

5.8. role play

5.9. clinical practice

5- أساليب التعليم

والتعلم

6- تقويم الطلاب :

### a- Student assessment method

Assessment 1 : a.1. periodical practical and oral Exam.

Assessment 2 : a.2. written and mid term exam.

Assessment 3: a.3. final practical and oral Exam.

Assessment 4: a.4. final written exam

أ- الأساليب

المستخدمة

<p><b>Assessment Schedule:</b></p> <p>Assessment 1 : a.1.periodical practical and oral Exam week 5 to 13 week. Assessment 2 : a.2. written and mid term exam at week 8.</p> <p>Assessment 3: a.3. final practical and oral Exam at week 15.</p> <p>Assessment 4: a.4. final written exam after 15 week.</p>	<p><b>ب- التوقيت</b></p>
<p><b>Weighting of Assessments</b></p> <ul style="list-style-type: none"><li>• <b>MID TERM Exam</b> 20 % (40) Measuring knowledge and understanding and intellectual skills.</li><li>• <b>Clinical exam</b> 10% (20) Measure Measuring knowledge and practical skills.</li><li>• <b>Oral exam</b> 10% (20) Measuring knowledge and understanding and intellectual skills.</li><li>• <b>Semester work</b> 20% (40) Measuring knowledge and understanding skills.</li><li>• <b>Final exam</b> 40% (80) Measuring knowledge and understanding and intellectual skills.</li><li>• <b>Total</b> 100%(200)</li></ul>	<p><b>ج- توزيع الدرجات</b></p>
<p><b>- 8- List of references :</b></p>	<p><b>7- قائمة الكتب الدراسية والمراجع</b></p>

a-Handout of Psychology

أ- مذكرات

**b-Essential book**

- Townsend, M. C. (2014). Psychiatric mental health nursing: Concepts of care in evidence-based practice. FA Davis . p.p 160- 165
- Theodore, D. D. (2016). Textbook of Mental Health Nursing, Vol-I. Elsevier Health Sciences.
- Mallinckrodt, B., Miles, J.R. & Levy, J.J. (2014). The scientist-practitioner-advocate model. Training and Education in Professional Psychology, 8(4), 303–311.

ب- كتب ملزمة

**c-Recommended book**

Kaplan & Shadock's ,(2015). Synopsis of psychiatry ,behavioral science / clinical Psychiatry. 11 edition

ج- كتب مقترحة

**7.d.1- Periodicals, Web sites, et**

- American Journal of Psychology  
www. Educational portal.com
- American Journal of Nursing

د-

دوريات علمية

أو نشرات ... الخ

رئيس القسم العلمي : أ.م.د/ منى النجار

استاذ المادة: د\ صباح محمد ابراهيم



