





# Academic Reference Standards (ARS) of Nursing for Post Graduate Master Programs (Psychiatric Mental Health Nursing)







## Introduction

Master of Nursing Science (MNSc) is predicted on relevant baccalaureate education and professional practice, and builds upon this foundation, expanding it in three major areas: Depth, breadth of, and knowledge scope of practice and role behavior. Students focus on psychiatric nursing by critically assessing, planning, intervening and evaluating the health and illness experiences of clients (individuals, families, communities). Advanced practice roles include those of educator, consultant, direct caregiver and leader unit area of psychiatric nursing. The student is prepared to be a knowledgeable consumer of research and to utilize research methodology in psychiatric nursing practice. Learning at the master's level results from interactions among the student, teacher and environment.

### Attributes of the graduates (ARS)

# Postgraduate of master program in psychiatric nursing should be able to:

- 1- Apply the research process to improve clinical practice and contribute to knowledge development;
- 2- Apply advanced nursing practice through utilization, participation, and the identification of significant research problems in psychiatric mental health nursing.







- 3- Evaluate care delivery approaches that meet clients care based on scientific finding in psychiatric mental health nursing and other sciences.
- 4- Provide care that reflects sensitivity to differences among culturally diverse populations;
- 5- Identify human, material of the organizational system needs, facilities and barriers of the organizational system
- 6- Integrate teaching principles, teaching / learning strategies, educational technologies to educate individuals, groups, community and other health care professionals.
- 7- Communicate clearly and work effectively in a team.
- 8- Demonstrate leadership abilities related to psychiatric mental health nursing.
- 9- Demonstrate critical thinking, problem solving, and decisionmaking abilities.
- 10-Use ethical principles to guide decision-making in nursing practice;
- 11-Utilize knowledge and skills in professional practice among diverse and multicultural populations
- 12- Stimulate change within the profession and improve management of the health care delivery system by addressing legal and economic policies; psychosocial, cultural, and environmental factors that affect health care.
- 13-Initiate collaborative relationships with other health care professionals to mobilize resources and facilitate quality client care.







- 14- Integrate theoretical and research based knowledge in an advanced psychiatric mental health nursing practice.
- 15- Able to be a life-long learner for continuous improvement of professional knowledge and skills

#### Intended Learning Outcomes (ILOS) for Master Degree:

#### 1. Knowledge and understanding skills

1.1.1. Identify theoretical and research based knowledge in an advanced psychiatric mental health nursing practice.

1.1.2. Identify Leadership concepts, skills, and decision making in creating caring environment to promote health for individuals, families, communities and global populations

1.1.3. Explain research process to improve clinical practice and contribute to knowledge development

1.1.4. Describe ethical and legal responsibilities and accountability in nursing practices, exemplifying the values of altruism, autonomy, human dignity, integrity and integrity, and social juristic

1.1.5. Discuss effective quality improvement strategies to ensure patient safety and wellbeing

1.1.6. Explain ethical and legal practice in the conduction of research

1.1.7. Explain the role of the clinical nurse specialist within the nursing profession and the health care system.

1.1.8. Identify learning issues and problems suitable for nursing research.

1.1.9. Estimates the biological, psychological, socio-cultural, spiritual variable and developmental factors that influence mental health attainment across the lifespan







#### 2. Intellectual skills

#### The postgraduates must be able to

2.1.1. Analyze the adequacy of underlying knowledge from nursing science, related fields and professional foundations as informs advanced practice.

2.1.2. Deduce mechanisms and procedures to identify critical gaps in knowledge and to handle scientific problems.

2.1.3. Integrate specialty related information and utilize research findings in clinical practice.

2.1.4. Utilize research finding, evidence based practice strategies, technology and creativity to improve the delivery and outcomes of health care.

2.1.5. Evaluate specialty related dangers.

2.1.6. Appraise the standards of practice to improve patient care in collaborations with other nursing expertise.

2.1.7. Specify ethical principles that guide decision making in nursing practice.

2.1.8. Integrate the concepts of caring in nursing practice in a given area of specialty.

2.1.9. Analyze different types of data collection methods used in nursing research and general tips in writing research proposal

2.1.10. Integrate advanced knowledge and learning theories for individuals and groups.







#### 3. Professional and practical skills

3.1.1. Apply basic and advanced scientific knowledge, and skills of nursing and related sciences needed to fully analyze, design, implement and evaluate nursing care process in a given area of specialty.

3.1.2. Employ proper documentation and evaluate of patient's reports.

3.1.3. Apply diagnostic and nursing intervention based on scientific evidence and standards to ensure effectiveness and efficiency of patient care.

3.1.4. Estimate methods and tools related to professional practice standards and relevant status and regulations.

3.1.5. Illustrate education programs using information and communication technologies for patients and other health care providers with emphasis on nursing management of illness.

#### 4. Transferable skills

4.1.1. Demonstrate capability of communication skills, critical thinking, problems solving, decision making and team working.

4.1.2. Use information technology to design conduct and evaluate nursing program to individuals, groups, students, and other health professionals.

4.1.3. Assume responsibility for self-evaluation and continues professional development.

4.1.4. Synthesize knowledge gained from traditional and innovative learning methods to lead quality, cost-effective health care collaborations addressing health care disparities.

4.1.5. Assess conditions surrounding patient situations for problem solving around patient conditions.







4.1.6. Demonstrate leadership capabilities through initiating and maintaining effective working relationship.

4.1.7. Demonstrate time management skills

4.1.8. Appraise self and long life learning

4.1.9. Serve as mentors to nursing colleagues in their efforts to improve nursing practice and health care systems

4.1.10. Participate in opportunities to share with peers of faculty, patient, families, and all members of the health care team.