

CURRICULUM VITA

PERSONAL INFORMATION:

Name: Eman Saif Soliman Ashour

Date of Birth: 17/11/1982

Nationality: Egyptian *Religion:* Moslem.

Marital Status: Married + 4

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ACADEMIC QUALIFICATION:

- 2020** Assistant professor degree in nursing sciences (Maternal and Newborn Health Nursing)
- 2015** Doctorate degree in nursing sciences (Maternal and Newborn Health Nursing) " Effect of early oral intake on maternal satisfaction and postoperative bowel function in patients undergoing caesarean section "
- 2010** Master degree in nursing sciences (Maternal and Newborn Health Nursing) Faculty of Nursing, Menoufiya University with an excellent degree
" Comparison between upright position and traditional position on the duration of first stage of labor "
- 2003** Bachelor of nursing sciences with a very good with honor degree

PROFESSIONAL POSITION:

- 2020** Assistant professor of maternal and newborn health nursing – Faculty of Nursing, Menoufia University.
till
now
- 2018** Accreditation of Education “NAQAEE” for H.E faculties and institutes.
- 2015** Lecturer of maternal and newborn health nursing – Faculty of Nursing,
till Menoufia University.
now
- 2010-** Assistant lecturer of maternal and newborn health nursing – Faculty of
2015 Nursing, Menoufia University.
- 2005-**
2010 Clinical instructor at maternal and newborn health nursing department– Faculty of Nursing, Menoufia University.

TRAINING COURSES

1. External review for H.E institutes (National Authority for Quality Assurance and Accreditation of Education “NAQAAE”) 7-9 August 2018.
2. Strategic planning for H.E institutes (National Authority for Quality Assurance and Accreditation of Education “NAQAAE. 1-2 August 2018.
3. Education programs and courses specifications and evaluation of learning outcomes for H.E institutes (National Authority for Quality Assurance and Accreditation of Education “NAQAAE”) 19-21 February -2018
4. Self-evaluation for H.E faculties and institutes(National Agency for Quality Assurance and Accreditation of Education “NAQAAE”) 11-13 December -2017
5. Training of trainer (TOT) إعداد المدربين في مجال تنمية الموارد البشرية 13-19/9/2021

Workshops of the FLDC

1. Credit hours system (9- 10 /2/ 2016).
2. Strategic planning (26- 27 /1/ 2016).
3. International scientific publishing (30- 31 /8/ 2015).
4. Local and global competitive research projects (23- 24 /8/ 2015).
5. Decide decisions and solve problems (16- 17 /8/ 2015).
6. Arranging scientific conferences (9- 10 /8/ 2015).
7. The university and the society (13- 14 /1/ 2015).
8. Ethics of scientific research (6- 7 /1/ 2015).
9. Managing the people (4- 5 /1/ 2015).
10. Managing the research team (27- 28 /8/ 2013).
11. Using technology in teaching (18- 20 /8/ 2013).
12. Quality standards in the teaching process (18- 19 /6/ 2013).
13. Exams systems and students’ evaluation (25- 27 /1/ 2009).
14. The behaviors of the profession (16- 18 /9/ 2007).
15. Thinking skills (20-22 /8/ 2006).
16. Methods of scientific research (7- 10 /5/ 2006).
17. Ethics and ethics of the profession (27- 29 /8/ 2005).
18. Effective presentation skills (21-24 /5/ 2005).

CONFERENCES

Local Conferences

- The scientific day of the pathology department in collaboration with the " ECPT" (**Multidisciplinary Approach of Thyroid Nodule**) in faculty of medicine, Menoufia University 3/3/2019.
- The first scientific day of the Measurement & Assessment Unit, Menoufia faculty of medicine in collaboration with FAIMER regional institute (**ASU MENA FRI**) 16th July 2019.
- The 7th international Conference of the Faculty of Nursing, Tanta University in collaboration with North Carolina University, USA "**Trends and Future Vision of Nursing 2030**".
- Attendance and active participation in the 3rd annual scientific conference of Medical Surgical Nursing department, Faculty of Nursing, Menoufia University "**Hand in Hand Creating Tomorrow in Medical Surgical Nursing** " Held on 3-4 April, 2018.
- Attendance and active participation in 5th annual meeting of Shebin El Kom Teaching Hospital, "**Infection control; reality and vision**" Held at: The congress hall Shebin El Kom Teaching Hospital on 4th April, 2018.
- The 3rd Scientific Conference of Psychiatric Nursing Department "**Cultural and Environmental Pollution and Its Impact on The Psychological and Physical Status of the Individual, Family and Society**" Held at Faculty of Nursing, Menoufia University, on 20-21th of March 2018.
- The 3rd annual scientific conference of community health nursing department: **New Trends and Challenges in Community Nursing** that was held on 1 of November 2017 in Faculty of nursing, Menoufia University.
- **Conference organizer** of the 1st annual scientific conference of maternal and newborn health nursing department: **Nursing and women's health care quality** that was held on 22 of October 2017 in Faculty of nursing, Menoufia University.
- The scientific conference of maternity and gynecological nursing: **The pathway Towards Enhancing Maternity and Gynecological Nurses competence** that was held on 12th of April 2017 in maternity nursing department, Faculty of Nursing, Ain Shams University.
- The 5th Annual conference of public health and community medicine department: Non communicable diseases (Toward a better healthy life) 2 April 2017.

- The 2nd Upper Egypt assisted reproductive conference (Azhar conference center, Cairo) 22-24 February 2017.
- The 1st scientific nursing conference: Creative Paths for Nursing in New Era that was held on 30 - 31 of October 2016 in Faculty of Nursing , Damanhour University.
- The 1st annual scientific conference: Toward Excellence in Ethical and Professional Conduct among Medical Surgical Nursing Team that was held on 4-5 of October 2016 in Medical Surgical Nursing Department- Faculty of Nursing, Menoufia University.
- The 1st Annual Scientific Conference: Problems of Adolescence and its Management that was held on 17th & 18th of May 2016 in Psychiatric Mental Health Nursing Department, Faculty of Nursing, Menoufia University.
- **A poster presentation** in a poster session at the 2rd Annual Scientific Conference: Egyptian Women and Current Issues that was held on 24 of April 2016 in Community Health Nursing Department, Faculty of Nursing , Menoufia University by a Poster Entitled " Standards for Emergency Obstetrics & Newborn Care ".
- The 14th annual conference of obstetrics and gynecology departments- faculties of medicine – Al Azhar University: Women health today and tomorrow. 21-22 April 2016.
- **A poster presentation** in a poster session at the 3rd Annual Scientific Day: Current Issues in Pediatric Nursing that was held on 10 of April 2016 in Pediatric Nursing, Faculty of Nursing, and Menoufia University by a poster entitled Steps of Baby Friendly Hospital Initiative Program.
- The 17th annual conference of the department of obstetrics and gynecology – Cairo University: Women's health: our responsibility In collaboration with European accreditation council for continuing medical education (EACCME) 24-25 March 2016.
- The 9th annual scientific conference of Faculty of Nursing Zagazig University: Evidence Based Practices in Nursing that was held on 7 of March 2016 in Faculty of Nursing, Zagazig University.
- The 1st Scientific day of Maternal & Newborn Health Nursing Department; New Technology To Improve Quality Of Emergency Obstetric Care that was held on 8 of July 2013 in Maternal & Newborn Health Nursing Dep., Faculty of Nursing , Menoufia University.

International Conferences

- **A poster presentation** in a poster session at the 6th International Scientific Conference entitled " Sustainable Development of Nursing, Education and Research", on 1-2 October 2019. Held at Faculty of Nursing, Menoufia University by a poster entitled **WHO Consolidated Guideline on Self-Care Interventions for Health**.
- The 15th International Scientific Nursing Conference In Collaboration with the International Academy for Advanced Research and Studies (IARS). London entitled " Interdisciplinary Health Care: Closing the Gap & Enhancing the Quality", on 5th – 6th August 2019. Held at the Alexandria University Conference Hall – Faculty of Nursing, Alexandria – Egypt.
- The 6th international Conference of the Faculty of Nursing, Tanta University "**Competency based education in Scope of Nursing**" Held at: The conference hall in medical campus of Tanta University, on 2-3 April, 2018.
- The 5th international scientific nursing conference: **Development of clinically Oriented Competency Based Nursing Specialties" Multidisciplinary approach: achievements and prospects** that was held on 19-20 of December 2017 in Faculty of nursing, Cairo University in collaboration with Bob Jones University, USA.
- The 14th international scientific nursing conference: **Nursing Role In leading And Advancing The Global Health** that was held on 10-11 of December 2017 in Faculty of nursing, Alexandria University in collaboration with Kennesaw University.
- **A poster presentation** in a poster session at the 4th annual and 1st international scientific conference: **Nursing in Generation 'Y' Challenges & Opportunities** that was held on Wednesday 19 of July 2017 in Faculty of nursing- Benha University in Collaboration with Psychological Intelligence Foundation (PIFCIC), Hertford, UK **by a Poster** titled "Professional Socialization as a key for Retaining newly Graduated Nurses".
- The 15th annual international conference of obstetrics and gynecology department Al-Azhar university (In collaboration with European accreditation council for continuing medical education) 6-7 April 2017.
- **A speaker at** the 5th international nursing conference: **Towards Advanced Nursing Practice** that was held on 4th & 5th of April 2017 in Faculty of nursing, Menoufia University **by talk** about paper entitled "The Impact of Heat Application versus Stretching

and Core Strengthening Exercises on Relieving pain Of Primary Dysmenorrhea among young females".

- The 3rd annual international conference of Egyptian Fetal Medicine Foundation: Working together for optimizing pregnancy outcome (Accredited from European Accreditation Council) 9-10 February 2017.
- The 2nd annual international conference of the American Association of Continuing Medical Education (AICFIM) provided by the Egyptian Fetal Medicine Foundation, 18-19 February 2016.
- The 4th international scientific nursing conference; future of nursing education: ambition & reality (Faculty of Nursing, Cairo University in collaboration with Case Western Reserve University "CWRU" and The International Nursing Association of Clinical Simulation "INACSL") 15-16 December 2015.
- The 7th international conference; Evolution of nursing: a pathway to excellence (Faculty of Nursing, Helwan University in collaboration with Kennesaw State University) 20-21 April 2015.
- The 8th international scientific nursing conference: discovering new nursing avenues in patient safety, occupational and environmental health (Faculty of Nursing, Helwan University in collaboration with EU/TEMPUS Project 543889, Faculty of Medicine Helwan University and International Academy of Applied Science & Technology, IAST Alexandria-Egypt) 27-28 March 2016.
- The 4th international scientific nursing conference; utilization of research in nursing (Faculty of Nursing- Menoufiya University) 9-10 May 2014.

QUALITY ASSURANCE ACTIVITIES

- Participation in quality assurance projects at Faculty of Nursing, Menofia University

QAAP (Quality Assurance for Accreditation Project)

- Participation in writing bachelor program and courses reports for the academic years (2007- 2008 and 2008-2009)

CIOAP (Continuous Improvement and Qualifying for Accreditation Project)

- Carrying out the activities of the first accreditation standard (Annual report) (2012- 2014).
- Participation in designing the first faculty strategic plan (2010- 2014).

- Participation with the accreditation visit facilitator in managing the final accreditation visit (2013).
- Participation in carrying out activities for the Faculty of Nursing's NORMS (2010- 2013).
- Participation in revising the contents of job description cards for the administration team.
- Participation in updating the Faculty of Nursing website by revising all quality assurance activities.
- Participation in revising the contents of brochures, fliers, booklets and panners for the final accreditation visit.
- Participation in revising all accreditation standards' files for the final accreditation visit.
- Participation in writing the faculty annual report (2010-2013).
- Participation in writing the project proposal for the post graduate studies section (2007-2009).

Post- accreditation activities

- Carrying out the activities of the first accreditation standard (quality management system) (till now)
- Participation in writing the faculty annual report
- Participation in standard quality management and development(till now)
- Participation in writing undergraduate courses specifications and reports for maternal and newborn health nursing department for the academic years (2017-2018, 2018-2019 and 2019-2020)

انشطة الجودة داخل القسم:

- المشاركة في تعديل توصيف وتقرير المقررات لمرحلة البكالوريوس منذ ٢٠١٥ حتي الآن.
- المشاركة في تعديل توصيف وتقرير المقررات لمرحلتى الماجستير والدكتوراه منذ ٢٠١٥ حتي الآن.
- المشاركة في تعديل اللائحة الداخلية لقسم تمريض صحة الأم وحديثي الولادة لمرحلتى الماجستير والدكتوراه بنظام الساعات المعتمدة.
- المشاركة في إعداد الرؤية والرسالة لقسم تمريض صحة الأم وحديثي الولادة.
- المشاركة في إعداد الأهداف الاستراتيجية لقسم تمريض صحة الأم وحديثي الولادة.
- المشاركة في إعداد الخطة البحثية لقسم تمريض صحة الأم وحديثي الولادة.
- المشاركة في تعريف طلاب الفرقة الثالثة بالكلية برؤية ورسالة وأهداف الكلية ومعايير الجودة والاعتماد.
- المشاركة في تعديل اللائحة الداخلية لقسم تمريض صحة الأم وحديثي الولادة لمرحلة البكالوريوس.

تابع أنشطه الجودة: أنشطة داخل الكلية

- مسئول معيار نظام إدارة الجودة والتطوير منذ ٢٠١٩ حتي الآن.

- عضو معيار نظام إدارة الجودة والتطوير منذ ٢٠١٠ حتى ٢٠١٩ .
 - المشاركة في إعداد التقرير السنوي للكلية لأعوام ٢٠١١-٢٠١٢، ٢٠١٢-٢٠١٣، ٢٠١٣-٢٠١٤ .
 - مراجعة معايير التقويم والاعتماد الخاصة بمحور القدرة المؤسسية مع مسئول المعايير بالكلية تمهيدا لزياره الاعتماد
 - مراجعة معايير التقويم والاعتماد الخاصة بمحور الفاعلية التعليمية مع مسئول المعايير بالكلية تمهيدا لزياره الاعتماد
 - المشاركة في إعداد رؤية ورسالة الكلية .
 - المشاركة في إعداد الأهداف الاستراتيجية الخاصة بالكلية .
 - المشاركة في إعداد التقرير النهائي والمستندات الداعمة للهيئة القومية لضمان الجودة والاعتماد وذلك للرد على تقرير زيارة المراجعة الخارجية للاعتماد .
 - الإشتراك في إعداد برشور عن رؤية ورسالة الكلية وأهدافها الاستراتيجية.
- أنشطة داخل الجامعة :**
- حضور الندوات التي تعقد بإدارة الجامعة بصفه دوريه (الادمان- اداراه الوقت)
 - الحضور والمشاركة في الدورات التدريبية التي تعقد بإدارة الجامعة .
 - حضور الاحتفالية السنوية لعيد الجامعة.

TEACHING ACTIVITIES

For the Undergraduates

- Maternal and newborn health nursing course (from 2015 till now).
- Critical care of maternal and newborn health nursing course (from 2015 till now).
- Clinical computer course for the first and the second year students (2015 till now).
- Clinical maternal and newborn health nursing training for the 3rd year students at the university hospital, Shebin El-Kom teaching hospital, maternal and child health centers (MCH) (Shebin El-Kom "Kebly and Bahary" and Meleg) (from 2005 till now).
- Clinical Critical care of maternal and newborn health nursing training for the 3rd year students at the university hospital, Shebin El-Kom teaching hospital, maternal and child health centers (MCH) (Shebin El-Kom "Kebly and Bahary" and Meleg) (from 2005 till now).
- Teaching methods in nursing course for the third year students (2018-2019) and (2019-2020).
- Maternal and newborn health nursing undergraduate course for the 2nd year students at the technical nursing institute, Menoufia University (2017-2018) and (2018-2019).
- Population studies course for the third year students (2017-2018).

- Adolescent health course for the third year students (from 2016 - 2017).
- Reproductive health course for the third year students (from 2015 - 2016).
- Clinical computer course for the first, second, third and fourth year students (2015- 2016 and 2016-2017).

For the Postgraduates

Master Degree

- Research application in nursing for the second semester master students (2018-2019).
- Curriculum Development for the first semester master students (2017-2018) and (2018-2019).
- Research critique for the fourth semester master students (2017-2018) and (2018-2019).
- Computer in nursing for the first semester master students (2017-2018) and (2018-2019).
- Conducting nursing research for the third semester master students (2017-2018).
- Research application for the 3rd semester master students (2017-2018).

Doctorate Degree

- Research application for the 2nd semester doctorate students 2018-2019), (2019-2020), (2020-2021) and (2021-2022).
- Research application for the 4th semester doctorate students (2019-2020).
- Research critique for the first semester doctorate students (2019-2020).
- Research critique for the third semester doctorate (2019-2020).
- Curriculum development for the first semester doctorate students (2017-2018), (2018-2019) and (2021-2022).
- New technology in woman reproductive health for the 3rd semester doctorate students (2018-2019).
- Research critique for the first semester doctorate students (2017-2018) and (2018-2019).
- Analytical statistics for the second semester doctorate students (2018-2019).
- Advanced nursing research for the second semester doctorate students (2017-2018).
- Education technology for the first semester doctorate students (2017-2018) and (2021-2022).
- Communication skills in nursing for the 1st semester doctorate students (2017-2018).

THESIS & DISSERTATION SUPERVISION

1. The relationship between emotional intelligence and clinical performance of undergraduate nursing students during maternal and newborn health nursing practice training.
2. Effect of nursing intervention on coping strategies of women after mastectomy
3. Effect of expressed breast milk versus peppermint water on cracked nipple among lactating women
4. Effect of Instructional Supportive Guidelines on Quality of Life among Women with Endometriosis
5. Relationship between night shift work and age of menopause among nurses attending Shebin El-Kom hospitals.
6. Effect of self-care practice guidelines on self-efficacy among pregnant women with urinary tract infection.
7. Relationship between postpartum primiparous sleep quality, self-care and dependent care for their neonates.
8. Assessment of quality of life among women with polycystic ovary syndrome.
9. Assessment of gynecological problems among women on hemodialysis.

LIST OF PUBLICATIONS

1. Impact of clinical pathway Application on women and newborn care during the Postpartum Period.
2. Effect of crisis counseling model on domestic Violence recovery among rural Egyptian women: Nursing intervention strategy.
3. Effectiveness of video assisted teaching program on postpartum minor discomforts of primipara mothers (under publication).
4. Al-Asser A. M., Eshra D. K., Kassem I. K., **Aashour. E, S.,** (2019): Gynecological Problems among Women on Hemodialysis, IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320–1959.p- ISSN: 2320–1940 Volume 8, Issue 5 Ser. X. (Sep-oct. 2019), PP 18-31
www.iosrjournals.org.
5. Atya A. A., Eshra D. K., Kassem I. K., **Aashour. E, S.,** (2019): Assessment of Quality of Life among Women with Polycystic Ovary Syndrome, IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320–1959.p- ISSN: 2320–1940 Volume

8, Issue 4 Ser. X. (July-Aug .2019), PP 27-37

www.iosrjournals.org.

6. Eittah. H, F., & **Aashour. E, S.**, (2019). Comparing warm compresses application vs. chilled cabbage leaves for relieving breast engorgement among post-natal mothers, Journal of Clinical Nursing Studies, vol. 7, No 3.
7. Farhat S. R., Eshra D. K., Shahin M. A., **Aashour. E, S.**, (2019): Application of an Intervention Based on Health Belief Model on Knowledge and Compliance to Breast Self -Examination among Female Students at Risk for Radiation Exposure.
8. Ramadan M.E. R., Amr E.S. T., & **Aashour. E, S.**, (2019): Calf muscle pump exercise and preventive measures: as means for prevention of deep vein thrombosis and its manifestations among a postpartum cesarean section, International Journal of Nursing Didactics, 9: (04) April (2019).
9. Elnagar. A, M., **Aashour. E, S.**, Shahin. M, A. Emam. A, M., (2018): Perceptions of psychological impact of teenage pregnancy among students in selected colleges in university of Menoufia, American Journal of Nursing Research, Volume 2, Issue 1, pp 48-55.
10. **EL-Malky. M, E.**, **El-Homosy S. M.**, **Aashour. E, A.**, and **Shehada. Y, A.**, (2018). Effectiveness of antenatal nursing intervention on childbirth's fears, psychological- wellbeing and pregnancy outcomes in primipara's women, Journal of Nursing Science, Volume 5, Issue 6, PP 07-15.
11. Eittah. H, F., **Aashour. E, A.**, (2017). The Impact of Heat Application versus Stretching and Core Strengthening Exercises on Relieving pain Of Primary Dysmenorrhea among young females, Journal of Research in Nursing and Midwifery (JRNM), vol. 11, No 1.

MEMBERSHIP OF COMMITTEES

1. Member of the students' affairs committee at Faculty of Nursing, Menoufia University (2019-2020).
2. Member of the scientific council of maternal newborn health nursing department at Faculty of Nursing Menoufia University.
3. Member of the post-graduates studies committee at Faculty of Nursing, Menoufia University (2016-2017).

COMMUNITY SERVING ACTIVITIES

١- المشاركة في فعاليات الاسبوع البيئي لكلية التمريض- جامعة المنوفية- البرنامج الصحي والتوعوي والتنقيفي ٢٠٢١-٢٠٢٢ بعنوان "معا للاكتشاف المبكر للسرطان"

1. Participate in a convoy of the health unit in Shanwan village, entitled Hypertension and Diabetes mellitus, prevention methods and treatment on Sunday (8/9/2019).
2. Participate in the nursing convoy heading to a secondary school complex in the village of Nader Center Samadon, entitled healthy nutrition and First aids on Monday, (26/11/2018).
3. Participate in a convoy of the health unit in the village of Dikma Center Menouf, entitled Reproductive Health – Risks of marriage of relatives and Family medicine file on Monday, (8/10/2018).
4. Participate in a convoy of the health unit in the village of Babel Center Tala, entitled Reproductive Health - Care of pregnant woman and Healthy Nutrition on Wednesday, (6/9/2017).
5. Participating in a convoy for the health unit in the village of Manawahleh Shebin El-Kom, entitled Female Genital Mutilation (FGM) and proper nutrition on Monday, (24/7/2017).
6. Participating in a convoy for the nursery school of the Children's Academy in the village of Malij Shebin El-Kom, entitled Nutrition Problems in Children and First Aids for Child Injuries on Sunday (22/5/2016).

AWARD, MEDALS AND DECORATIONS

1. Certificate of appreciation from the Faculty of Nursing, Menofyia University for active participation in the workshop of Arab universities union (2017)
 2. Certificate of appreciation from the Menofyia University for active participation in community serving activities (2017)
- شهادة شرفية من قسم إدارة التمريض بكلية التمريض جامعة المنوفية للمشاركة بالحضور في الملتقى التوظيفي الثاني لقسم إدارة التمريض وذلك يو الأحد الموافق ٢٥/٧/٢٠١٧
 - الحصول علي شهادة تقدير من قطاع خدمة المجتمع وتنمية البيئة بجامعة المنوفية بخالص الشكر والامتنان علي الجهود الوافر الذي بذل في سبيل إنجاح قوافل القطاع للعام الجامعي ٢٠١٦-٢٠١٧